



Fran Doidge COVID 19 policy during Aromatherapy Massage and Coaching  
at her treatment premises in Cradley, The Centre for Wellbeing and Bewell Room Hereford

I have covered the following back to work course

[https://www.gatewayworkshops.co.uk/MainUpload/GW\\_COVID-19\\_FHT\\_June\\_21st\\_FINAL\\_2020.pdf](https://www.gatewayworkshops.co.uk/MainUpload/GW_COVID-19_FHT_June_21st_FINAL_2020.pdf)

1. A Risk assessment has been made
2. Training has been taken including infection control and recognising signs and symptoms
3. Vetting of clients before attending my premises.  
I will ask you to sign a form saying that you have not been in contact with COVID and have no symptoms.  
I ask that you Inform me if you, or anyone who you have been in contact with, have symptoms 14 days after attending an appointment.  
I will make sure that I have not been in contact with anyone with symptoms and ask you to do the same.
4. I will wash hands in the prescribed way and ask that you do so. If possible I ask that you take shower wherever practical before leaving your house.  
Please sanitise your hands with sanitiser provided on entering my treatment spaces.
5. From today (8th August) it is mandatory that you wear a face mask before entering and after leaving my treatment rooms.
6. I will use double width paper towel on the couch and wash the couch cover at the end of the day
7. Paper Towel will cover our chairs
8. I will sanitise the whole room each day and clean anything which has been touched between each client
9. All towels will be fresh and washed at 60 degrees
10. My client file and diary will be sanitised
11. My oil bottles will be sanitised
12. I ask you to place your clothes onto the paper towel covering your chair.
13. If required the toilet will be via the outside door and will be sanitised after each visit
14. All door handles and surrounds will be sanitised
15. I will not touch your face nor my own during the treatment
16. I will wear a face mask at all times. Although I have been asked my organisation the IFPA to wear gloves my own risk assessment shows that wearing gloves will not decrease infection transfer and I will not be wearing gloves.
17. My hair will be tied back.
18. I ask that you confirm that you have followed government guidelines over the lock down period and the form for you to sign confirms that this is the case
19. I can confirm that neither I nor anyone who I have been in contact with have shown any COVID 19 symptoms.
20. Other than these precautions as Mark and I have been in our bubble and kept to government guidelines the precautions have been covered.
21. Payment may be by BACS Sort Code 09 06 66 Acct 40683740 or by CASH in an envelope. Thank you.

No water will be provided

These precautions will be reviewed and updated as more instructions are received from the government and my membership organisations IFPA and COHMA. If you wish me to take additional precautions when you are coming for treatment please inform me before attending enabling me to make arrangements.  
Thank you.